



Snowball Toss

Description

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Students work on a team to compete in a fun “snowball” toss.

Supplies

- One sheet of paper for each student (can be scrap paper)
- Cones or tape to mark each team's starting position

How to Play

1. Split the group into two teams.
2. Have one team go to one side of a large space and the other team go to the other side of the space.
3. Pass out one sheet of paper to each student and instruct them to crumple it into a ball.
4. Let them know that when you yell “snowballs”, each team will have one minute to try to get as many snowballs as possible to the other side while staying behind their starting position. If a snowball doesn't make it to the other side on the first toss, students can run and go get their snowball, bring it back to their starting point, and try again.
5. When 1 minute is up, count the number of snowballs on each side, and the team with the least amount of snowballs remaining on their side is the winning team.
6. Multiple rounds can be played, making sure the snowball count is even on each side to start.

Activity Prompts for Reflection

- What is a strength you were able to use during this activity?
- Can anyone give a compliment to someone else for how they did during this activity?

- How did you and your team work together during this activity?
- Did anyone prove they could be trusted during this activity?

Other Ways to Play

- Have students draw a snowflake on their paper before crumbling it up. At the end of the game have everyone open up the “snowballs” and discuss how unique everyone’s snowball is.
- Make this activity more challenging by giving each team a hula hoop. Have each team try to get as many snowballs as possible into the other team’s hula hoop.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities
2. Relationship Skills

Sel-competency

1. Relationship Skills

Allotted-time

1. 10-15 minutes

Themes

1. Winter